

PETER H. COLE

**Licensed Clinical Social Worker, Certified Group Psychotherapist
Assistant Clinical Professor of Psychiatry: UC Davis School of Medicine**

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EDUCATION

BRYN MAWR COLLEGE

Masters of Social Work, 1986

SAN FRANCISCO STATE UNIVERSITY,

Teaching Credential in Secondary Education -- Social Sciences, 1982

UNIVERSITY OF CALIFORNIA AT SANTA CRUZ

BA Psychology, 1976

Academic honors in psychology.

CURRENT EMPLOYMENT

UNIVERSITY OF CALIFORNIA DAVIS SCHOOL OF MEDICINE

Assistant Clinical Professor, Psychiatry

Currently teach third year psychiatry residents "Gestalt Therapy" and "Financial Issues in Psychotherapy".

PRIVATE PRACTICE -SACRAMENTO, CA

Psychotherapy and Clinical Consultation

Short and long term therapy with individuals, couples and groups. Clinical consultation with psychotherapists.

SIERRA INSTITUTE FOR CONTEMPORARY GESTALT THERAPY

Co-Director.

Facilitate Gestalt Therapy training groups for psychotherapists. Provide a variety of professional development and continuing education courses for psychotherapists. Currently there are two Berkeley training groups and two Sacramento group with a total of approximately 35 participants.

PREVIOUS EMPLOYMENT

UC DAVIS MEDICAL CENTER

Clinical Social Worker 1988-1996

Clinical social work on the in-patient adult and in-patient adolescent units. Responsibilities included individual and family therapy as well as admissions and discharge planning. Clinical social work in the Hospice program. Worked primarily with AIDS patients and their care-givers in a psychotherapeutic and case management role.

TENNYSON HIGH SCHOOL, Hayward, CA
Teacher 1983-1986
Taught U.S. and World History.

CLAUSEN HOUSE
Counselor 1981-1983
Worked with developmentally disabled adults in residential setting.

TEACHING ACTIVITIES

UC Davis School of Medicine Dept of Psychiatry – 1990 - Present
Have taught Gestalt Therapy and Financial Issues in Psychotherapy since 1990

The Psychotherapy Institute (Berkeley CA), Group Therapy Training Program 2010-12
Co-Facilitated a weekly process/learning group for post master's group therapy trainees.
This group meets for a two year period. Each week consisted of 1.5 hours of process and 15 minutes of theory.

Stanford University School of Medicine Dept of Psychiatry – 2011 academic year
Taught Group Therapy for PGY IVs. This twelve week course provided an overview of current theory in Group Therapy. I was asked to return for the 2012 academic year, but found the drive too difficult from Sacramento to continue on.

The Wright Institute, Berkeley CA. 2013–present
Teach Group Counseling in the Marriage and Family Therapy master's program.

Sierra Institute for Contemporary Gestalt Therapy. 1990 – Present
Gestalt therapy trainer for students from a variety of clinical backgrounds – Social Workers, MFTs, Psychologists and Psychiatrists. Co-run two training groups in Berkeley, CA and two training groups in Sacramento CA with my wife Daisy Reese, LCSW.

Professional/Community Involvement

Northern California Group Psychotherapy Society
Have presented regularly at NCGPS conferences.

Association for the Advancement of Gestalt Therapy
Board Member since 2004.

UC Davis School of Medicine
Volunteer Clinical Faculty since 1990

Sierra Institute for Contemporary Gestalt Therapy
Co-Founder and Co-Director since 1990

The Psychotherapy Institute (Berkeley) Group Therapy Training Program
Core faculty since 2010.

PUBLICATIONS

True Self True Wealth: A Pathway to Prosperity. Co-Author. 2008. NY: Simon and Schuster

Mastering the Financial Dimension of Your Practice: A Guide for Mental Health Professionals. Co-author. 2004. NY: Brunner-Routledge

“Clinicians’ Money Update” -- Monthly column in “Clinical Update” the publication of the California Society for Clinical Social Work

“Boundary Disturbances in Hospice Work” in Grounds for Gestalt II, 1996.

“Resistance to Awareness: A gestalt therapy perspective”, in The Gestalt Journal 1995

“Affective Process in Psychotherapy” published in The Gestalt Journal Spring 1998

“In The Shadow of the Leader” published in Gestalt Review, Fall 2013

"Relational Development in Gestalt Group Therapy" published in Group, The Journal of the Easter Group Psychotherapy Society, Fall 2013

PSYCHOTHERAPY, TRAINING, CONSULTATION & CERTIFICATIONS PAST & PRESENT (Partial List)

Certified Gestalt Therapist – Pacific Gestalt Institute

Certified Group Therapist – American Group Therapy Association

Group Psychotherapy National Training Institute – Washington DC School of Psychiatry

Jack Aylward, Bud Feder and Charlie Bowman - *Ongoing bi-monthly peer consultation group via Skype*

Duncan Bennett PhD – *Clinical Consultation*

Elaine Cooper PhD – *Clinical Consultation in Analytic Group Therapy*

Jim Doak, MSW – *Gestalt Therapy Training Group and Individual Therapy*

The Gestalt Institute of Los Angeles – *Gestalt Therapy Training*

Lynne Jacobs, PhD – *Individual Psychotherapy*

Stephen Johnson PhD – *Clinical Consultation Group*

Jerry Kogan PhD and Wiltrud Krausse Kogan Dipl. Paed – *European Gestalt Therapy Training Workshops with Gestalt Education Network International*

Philip Lichtenberg - *Studied gestalt therapy and psychoanalytic therapies with Dr. Lichtenberg at Bryn Mawr College Graduate School of Social Work and Social Research.*

Richard Olney – *Numerous Self-Acceptance Training Workshops and Trainings*

Howard Pollack, MFT (Jungian Analyst) - *Individual Psychotherapy*

Erv Polster PhD and Miriam Polster PhD – *Numerous Workshops, Trainings and Clinical Consultation*

Cynthia Sheldon, MSW – *Gestalt Therapy Training Group and Clinical Consultation*

Joseph Zinker, PhD – *Numerous Training Workshops in Gestalt Couples’ and Family Work*

PRESENTATIONS

Speeches, Workshops, and Presentations Given on a Regular Basis to:

American Group Psychotherapy Association
Northern California Group Psychotherapy Society
The Learning Exchange
The Psychotherapy Institute (Berkeley CA)
UC Davis EAP Program
California Society for Clinical Social Work
Summit for Clinical Excellence
Omega Institute
Sierra Institute for Contemporary Gestalt Therapy
Association for the Advancement of Gestalt Therapy

References Available Upon Request